

Rutland Middle School Enrichment Activities



2024-2025 – Term 2

TITLE	TEACHER(S)	Half or Full Morning	GRADES	COURSE DESCRIPTION
Archery	Lonstrup / Peters	Half	All Grades	Have you ever wanted to learn to shoot a bow and arrow? In the archery enrichment, you will learn the basics of archery from a certified National Archery School coach. Over the 10 weeks, we will shoot a variety of targets, and get you hitting the bullseye every time!
Chess	Peters	Half	All Grades	Learn how to play one of the oldest and most popular strategy games ever – chess! All levels of experience are welcome, from beginner to expert. Play for fun or compete to claim and defend the title of Grandmaster!
Yearbook	Pennell	Full	All Grades	This course is designed to introduce students to the world of yearbook design and production. Students will learn the essential skills of photography, writing, editing, and graphic design to create a visually appealing and informative yearbook that captures the essence of our school year. Please only pick yearbook as an option if you have spoken to Mrs. Pennell.
Machine Sewing	Luthin	Full	All Grades	This course is for beginner and intermediate sewists looking to develop their sewing skills. Students will be making a pin cushion and quilted pillow. Attendance is important to keep up with project completion. There is a \$50 course fee to cover sewing supplies (fabric, thread, batting, pillow insert, etc.). Fee: There is a \$50 project fee to cover the cost of fabric
Minecraft	Wiebe, McGuigan	Half	All Grades	Do you believe that digital gaming can help you learn? Well so do we! Come and join the Minecraft class where you will be challenged to think creatively and work together with your peers to solve several different challenges and problems. The focus will be on play, but be careful, you just might learn a thing or two!

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Cricut Creator Course	<i>Ikari, A. Williams</i>	Half	All Grades	Have you ever wanted to create your own personalized gifts and merch? Want a mug with your name or your favorite saying on it? Maybe a cool decal to put on your binder or skateboard? Come join the Cricut Creator Course and learn how to make your own personalized clothing, mug, button, and decal. There is a \$25 fee to cover the cost of materials
Improv Games	<i>Sides</i>	Half	All Grades	Are you quick on your feet, like to make up stories, like to be dramatic and goofy? Come learn some drama skills by playing improvisational games. Open to those who have done drama games before or looking to try something new.
Forensic Science 101	<i>Laverock</i>	Half	All Grades	This is an introduction to many of the skills and activities needed in the forensic science world. We will be exploring things such as: fingerprint and handwriting analysis, lie detection, crime scene skills, and creating a model crime scene.
RMS Choir	<i>McDowell, E. Williams</i>	Half	All Grades	Do you like to sing? Would you like to learn how to sing? Then come join the RMS Choir! This class is an exciting, energetic class where students learn the fundamentals of group singing while participating in multiple performance opportunities to build self-confidence and connect with our community and friends! Choir is a year-long commitment as we prepare for school celebrations, concerts, festivals, inter-school collaborations, and even trips! There will be two evening concerts per year that students should be prepared to attend. All other events should happen during the school day.
Laser Engraving, Sketchup, 3D Printing	<i>Smith</i>	Half	All Grades	Learn to laser engrave using the Emblaser 2 machine. Etch images and sketches on various mediums and textiles. Learn Sketchup for schools where you can design in a 3D environment and bring it to life using a 3D printer.
Ping Pong	<i>Allardyce</i>	Half	All Grades	Welcome to ping pong enrichment. This is a fun, engaging course where all abilities are welcome in a friendly, warm, and engaging atmosphere. Students will learn the basics of ping pong, swing techniques, rules, and finish with a competitive ladder tournament.

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Online Gaming	<i>Butterworth, Graham, Parker</i>	Half	All Grades	Do you like playing multiplayer games with classmates online? This is your opportunity to connect with your friends and see who the best gamer is. This is a laid-back atmosphere where everyone can be included.
Paper crafting and Cardmaking	<i>Harris and Hayhurst</i>	Half	All Grades	Papercrafts is a hands-on enrichment that allows your creativity to shine. We will look at different paper crafting techniques and experiment with stamping and embossing. You can bring your own colouring pens, pencils and markers, but we have lots of paper to play with. There is a \$4 fee for paper supplies
Beginner Yoga	<i>Harris and Hayhurst</i>	Half	All Grades	Strengthen, stretch and get your Zen on! Allow yourself to relax, unwind and learn something new! You are welcome to bring your own yoga mat or use one of ours.
Beginner Drama	<i>Williams</i>	Half	All Grades	In this fun and interactive drama class, students will get an introduction to theatre through engaging drama games, character exploration, and small improvisation activities. Students will build confidence, creativity, and collaboration skills while learning the basics of performance. No previous experience is required—just bring your imagination and a sense of adventure!
Intermediate Drama	<i>Williams</i>	Half	All Grades	Take your drama skills to the next level in this exciting class that welcomes both beginners and seasoned performers! Students will focus on script work, developing characters, and crafting their own scenes. Whether you're an aspiring actor, director, or playwright, there's a place for you to collaborate, create, and bring stories to life through group projects and individual exercises.
Paint by Numbers	<i>Lewis</i>	Half	All Grades	Do you like painting but can never decide what to paint? Problem solved! Come join for a relaxing morning of paint by numbers. There is a \$15 fee for this enrichment to cover the cost of materials

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Crocheting	Lewis	Half	All Grades	"Have you ever wanted to make your own blanket or sweater but didn't know how? Welcome to crocheting! Crocheting is like knitting... but with one needle! This enrichment is for all levels of crocheting whether you've never picked up a crochet hook before, or you've been making your own clothes for years"
Drawing	Gagliano	Half	All Grades	"Calling all budding artists and creative minds! This Drawing enrichment is here to ignite your passion for art and take your skills to new heights. Whether you're a seasoned sketcher or just dipping your toes into the world of drawing, this is the perfect opportunity to explore, learn, and let your imagination soar."
Jigsaw Puzzles	Gagliano	Half	All Grades	"Do you love putting together jigsaw puzzles but never seem to find the time or the space to build one? Puzzles aren't just cardboard cutouts; they're a gateway to a world of problem-solving, critical thinking, and collaboration. Jigsaw Puzzle enrichment is not just about the pieces; it's about the people. Forge new friendships as you tackle puzzles together, sharing strategies, laughs, and the sweet taste of success."
Book Club	Zimmer / Maloney	Half	All Grades	Do you love reading and want to talk about it? Each week you will spend some time reading a book of your choice and then we will get together to discuss what everybody is reading. There will also be opportunities for you to bring your ideas into the library and share your love of literature by helping to create new displays and activities.
Volleyball	Ball, Nuessler	Half	Grade 7 - 8	We know many of you want more time playing volleyball with your friends. You will have the chance to develop your skills and get in some game time. Come play and learn together!

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Cozy Time	Tompkins	Half	All Grades	This enrichment is all about crafting, connecting, and creating. We will be making friendship bracelets, doing jigsaw puzzles, coloring, and crafting. This term there will be a \$10 fee to cover the cost of paints, bracelet supplies, and other crafting goods.
Creative Writing	Tompkins	Half	All Grades	"In this creative writing enrichment, you'll discover the magic of writing through engaging activities, creative prompts, and dedicated inquiry time. Whether you're an aspiring novelist, a budding poet, or simply curious about the world of writing, this course is perfect for you! There will be designated time to free write as well as workshop opportunities."
Social – Emotional Learning Club	Anvar / Momtazi	Full	All Grades	Do you ever feel frustrated or anxious about school or your friendships? Do you worry about online safety? You're not alone! Join us to learn some awesome Social-Emotional skills to help you manage those feelings and build stronger connections. We'll have fun collaboration games, cool videos, role-playing activities, and more! It's all about helping YOU feel more confident and supported.
Rutland Roots: Field Trip Adventures	Withers / Martin	Full	All Grades	Rutland Roots: Field Trip Adventures is all about having fun and exploring our community together! For 9 weeks, we'll go on exciting outings like bowling, skating, and climbing. We'll also take a few surprise trips to cool places around Rutland. Each week is a chance to try something new, hang out with friends, and discover all the amazing things our neighborhood has to offer. Get ready for some awesome adventures and lots of laughs! There is a \$40 fee to cover the entry costs of some venues for the field trips

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Comic Book and Character Creation	Lonstrup	Half	All Grades	Have you ever wanted to create your own Comic book or Manga? Maybe you just want to design the characters and creatures for another author's story? If this sounds like fun, then the Comic book creation enrichment is for you! Learn to draw your favorite comic book, Manga, or video game characters, or design new characters of your own! Impress your friends, parents, and teachers with your cool designs! Bring a sketchbook if you can!"
Beginner Weightlifting	Dennis	Half	All Grades	Interested in lifting weights and learning how to get stronger? Come to the weight room! We will learn how to lift safely using the correct technique. You will learn how to use free weights and machines. You will also be taught to bench press and deadlift. Beginners or experienced lifters welcome! A gym strip is required to be in the weight room.
Intermediate Weightlifting	Dennis	Half	All Grades	Have you already taken weight room with Ms. Dennis before? Are you interested in continuing to bench press and deadlift? Do you want to keep building on your lifts? Come to advanced weight room.
3 on 3 Basketball	Ball and Guarasci	Half	All Grades	Interested in playing and learning about 3on3 Olympic basketball? All levels of basketball experience are welcome. We will learn the official Olympic 3on3 basketball competition rules and have lots of opportunity to play against each other. Concepts and skills will also be part of the learning. Let's hoop it up!
Cribbage!	Guarasci	Half	All Grades	Interested in learning how to play crib? Learn the rules and strategy of the classic card game. Learn how to peg and count hands. Can be played 1v1 or 2v2. Any levels welcome, from beginner to expert.
Coding and Computers	Nuessler	Half	All Grades	All levels welcome! We will work together to learn the basics of coding using microbits and other devices. Students with previous experience will be able to explore other platforms at their own skill level.

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Card Games	Simpkins	Half	All Grades	Euchre, UNO, Spoons and many more! This enrichment allows students to learn new card games each week and have an opportunity to play and compete with friends. We will be playing all types of games and even host tournaments throughout the term!